

Climbing Misti (best seller!)

Day 1:

A private vehicle picks you up from your hotel at 08:30 - 09:00 am and approximately 1 1/2 hours later we arrive at the base of El Misti at 3,600 metres. We start climbing up a narrow rocky ridge (the majority of the mountain is sandy), observing the gradual changes in landscape and plant life with increasing altitude. Depending on our progress, we camp at either of two sites at 4,500 or 4,700 meters.. The view of Arequipa at night is beautiful with the lights of the city in the distance and the lights of the stars overhead, while the light of the camp stove provides a warm cup of tea and a cooked meal.

Day 2:

An early breakfast includes the option of maté de coca (a herbal tea made from coca leaves which helps with the effects of altitude). After breakfast we start the 5 to 6-hour climb to the summit. The top is a natural observatory - in the distance you can see the Chachani and Picchu Picchu volcanoes, the national Reserve of Aguada Blanca, Lake Salinas, the city of Arequipa, small pueblos and the unique and beautiful crater of Misti itself, with its simmering fumaroles. All the energy you expend climbing Misti is returned to you on the descent. If you wish, you can run, ski or slide down the mountainside, which is comprised mostly of sand which cushions your steps and allows you to stop easily when you need to. We pack up the campsite and then descend for two more hours to the place where our transportation left us the day before. We are back in Arequipa by 3pm.

Private Tour (1 Person) = 290 USD

Group Tour (2-6 Persons) = 150 USD per Person

Included:

- Experienced guide
- Tents, mattresses, cooking equipment, etc.
- Pick up and drop off to your hotel and transport to and from the base of the mountain
- Meals while trekking (1 dinner and 1 breakfast)

Please note that you have to carry the equipment by yourself.

If you do not want to carry the equipment, you can book a carrier (Please contact the agency to ask for the price).

Not Included:

- Standard equipment such as sleeping bag, jacket, etc (these items can be hired in Arequipa at an additional cost)
- Breakfast in Arequipa before leaving for the mountain
- Water, chocolate, snacks etc.

What to Bring for climbing Misti:

- Specialist trekking or climbing pack
- Synthetic or leather boots with strong sole
- Sleeping bag rated to at least -5 degrees Celsius

- Layers of synthetic thermal or merino wool, preferably lightweight, at least some long-sleeved
- Fleece or soft shell jacket
- Gore-tex or equivalent jacket
- Down or synthetic fill jacket (for wearing around camp and possibly at rest stops or the summit)
- Thermal or merino long underwear
- Trekking pants, preferably wind resistant (eg, soft shell pants)
- Thick socks, preferably wool (liner socks are useful to help avoid blisters)
- Woolly hat
- Liner gloves and outer gloves (ski gloves are ok)
- Cap or hat, preferably broad-brimmed, good quality sunglasses, and suncream
- Headlamp with spare batteries
- First-aid kit including blister plasters, bandage, scissors, altitude sickness pills (consult a travel medicine specialist about these)
- At least 5 litres of water, chocolates, sweets, snacks, etc (something salty is good for replacing minerals lost through sweating, and loose sweets are good for maintaining energy while climbing)