

# Trekking Lares 4 days

## **Day 1: Cusco - Calca - Lares - Quishuarani**

We pick you up from your hotel early in the morning (around 5:00am) and drive about 3 hours to the thermal springs of Lares, which is the starting point of our trekking trip. From here we begin our trekking with a 8 to 9 hour hiking journey through the mountains. Besides, we can admire the terrific landscape of the mountains and the panoramas of the snow-capped peaks of the Andes. On the way we are going to surpass many small villages of the Andes with traditional customs and way of lifes. Our first Pass of the Andes is Huillquijasa with an altitude of 4.200m. Our first night camp is in the village of Quishuarani.

meals included: lunch, dinner

total distance: 8 km

estimated time: 4 hours

## **Day 2: Quishuarani - Cancha Cancha**

We continue our tour after the breakfast through the beautiful nature and gain more insights in the rough lifes of the natives. We have to surmount another Pass, called Pachacutec with an altitude of 4.200m. After 8 hours of hiking we get to our second night camp in Cancha Cancha.

meals included: breakfast, lunch, dinner

total distance: 13 km

estimated time: 7-8 hours

## **Day 3: Cancha Cancha – Ollantayambo – Aguas Calientes**

After breakfast the tour continues through the breathtaking landscapes. After 4 to 5 hours and many terrific views in the sacred Valley we reach Ollantayambo. From here we take a train that takes us through the valleys of Urubamba to Aguas Calientes, which is the village at the bottom of Machu Picchu. We spend the night in Aguas Calientes.

meals included: breakfast, lunch, dinner

total distance: 9 km

estimated time: 4 hours

## **Day 4: Machu Picchu / Montaña Tour**

Today we are going to experience the number one highlight of Peru, the legendary ruins of Machu Picchu. We

take one of the first buses in the morning. It will take us over breathtaking serpentines to the mysterious ruins on 2.300m, which were not found until 1911, when the American archeologist Hiram Bingham discovered them. The entrance to Machu Picchu is inclusive. In the first hours we visit the fascinating site and detailed insight. Around 11:00 am we take off to another highlight - the Montaña Tour, which leads us to the surrounding mountains and offers many spectacular and unique views of the ruins of Machu Picchu. After an impressive day we go back to Aguas Calientes in the afternoon and take from there the train back to Cuzco.

meals included: breakfast

### **Price per person, based on a tour for at least 2 persons**

#### **Included:**

- touristic transport
- profesional guide
- camping equipment (tent and air matraze)
- 1 night in a Hostel in Aguas Calientes
- cooking equipment
- mules/donkeys, which carry your camping equipment (tents, cooking equipment) and animal leader
- entrance to Machu Picchu and Monatna
- Train Ollantaytambo - Aguas Calientes - Ollantaytambo
- Bus Aguas Calientes - Machu Picchu - Aguas Calientes
- guided tour Machu Picchu

Meals include pasta, rice, fruits, cereals, hot drinks as mate de coca good for elevation illness.

#### **Not included:**

- personal clothes and hiking equipment (Goretex Pants, Jackets, gloves, cap, glases, trekking shoes, cagoule, sun hat, suncream)
- mules/donkeys for personal transport (in the case of exhaustion or not feeling good)
- mules/donkeys for the transportation of personal equipment